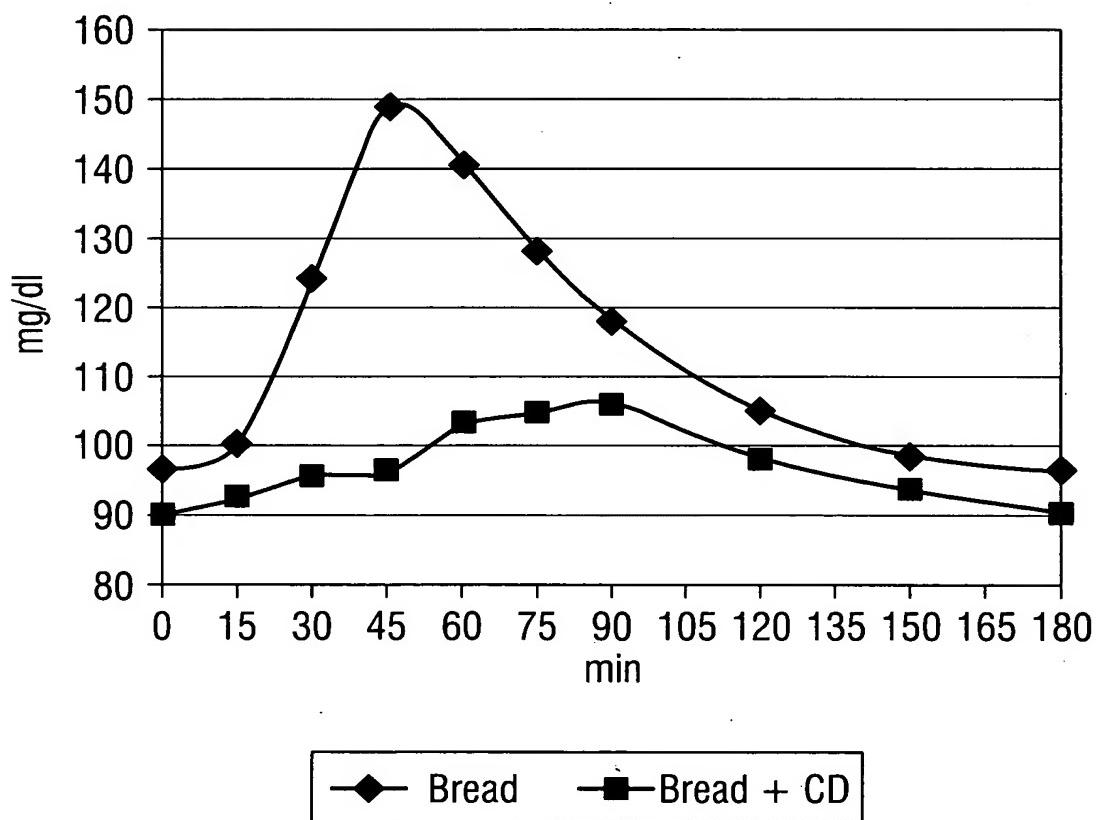


***Fig. 1*** Blood glucose concentrations after intake of white bread with and without  $\alpha$ -CD



***Fig. 2*** Blood insulin concentrations after intake of white bread with and without  $\alpha$ -CD

